

### DUA BEFORE EATING

بِسْمِ اللَّهِ وَبَرَكَاتِهِ

*Bis-mil-laa-hi wa ba-ra-ka-til laah*

In the name of Allah Ta'ala and upon the blessings of Allah Ta'ala.

*Virtue: One who reads this dua will receive blessings in ones meals.*

### DUA FOR FASTING

اللَّهُمَّ أَصُومُ غَدًا لَكَ فَاعْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخَّرْتُ

*Al-la-hum-ma a-su-mo ga-dan la-ka fag-fir-li ma qad-dam-tu wa-ma ak-ka-ru-tu.*

O Allah! I shall fast tomorrow for your sake,  
so forgive my future and past sins.

### WHEN FORGETTING TO RECITE THE DUA BEFORE EATING

بِسْمِ اللَّهِ أَوَّلَهُ وَآخِرَهُ

*bis-mil-laa-hi aw-wa-la-hu wa aa-ki-ra-hu*

In the name of Allah Ta'ala in the beginning and the end.

### DUA WHEN BREAKING THE FAST

اللَّهُمَّ لَكَ صُيِّمْتُ وَبِكَ آمَنْتُ وَعَلَى

رِزْقِكَ أَفْطَرْتُ

*Al-laa-hum-ma la-ka sum-tu wa bi-ka`aa-man-tu wa `a-laa riz-qi-ka `af-tar-tu.*

O Allah, I fasted for you. In you do I believe, and with your provision  
(food) do I break my fast.

### DUA AFTER EATING

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا الْمُسْلِمِينَ

*Al-ham-du lil-laa-hil-la-thee `at-`a-ma-naa wa sa-qaa-naa wa ja-`a-la-naa mus-li-meen.*

All praise be to Allah who gave us food, drink & made us Muslims.

*Virtue: Allah Ta'ala becomes pleased when his slave praises him after meals.*

### DUA AFTER IFTAAR

ذَهَبَ الظَّمَاُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ

إِنْ شَاءَ اللَّهُ

*za-ha-baz za-ma-au wab-tal-la-til `au-ru-qu wa tha-ba-til aj-ru in shaa `al-laa-h*

The thirst has been quenched, the veins have been saturated and the  
reward has been established, if Allah wills.

### DUA WHEN EATING ELSEWHERE

أَفْطَرَ عِنْدَكُمْ الصَّائِمُونَ

وَ أَكَلَ طَعَامَكُمْ الْأَبْرَارُ وَصَلَّتْ عَلَيْكُمْ الْمَلَائِكَةُ

*Af-ta-ra `in-da-ku-mus saa`i-moon wa `a-ka-la ta-`aa-ma- ku-mul `ab-raar wa sal-lat`a-lay-ku-mul ma-laa-i`-kah.*

Those fasting break their fast with you. May the righteous partake of  
your food and the angels of mercy descend upon you.

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